 

**20**

 **9:30 Mass (CH)**

**11:00 February Liturgical**

 **Calendar ©**

**11:00 Better Balance (CR)**

 **1:00 Movie Matinee:**

 **5 People You Meet**

 **in Heaven ©**

 **1:30 Virtual Fitness (TV)**

 **2:15 Aquafit/Open Swim**

 **3:00 Cardio Drumming**

 **(CR)**

 **4:30 Rosary (CH)**

 **7:00 Evening Social (CR)**

**7**

**1:00 500 (IL DR)**

 **1:00 Bridge (IL DR)**

**12**

 **9:30 Shopping at Cub**

**11:00 Protestant Service**

 **(CH)**

 **2:45 Happy Hour**

 **(IL DR & CR)**

 **4:30 Rosary (CH)**

 **7:00 Bingo ($$) (CR)**

**10**

**10:00 Donuts &**

 **Devotions (CR)**

**11:00 AL Mobile Activity**

 **Cart**

 **1:00 500 & Cribbage (CR)**

 **1:15 AL Bingo (AL 3)**

 **2:30 AL Fitness (AL 3)**

 **2:30 Tenant Meeting**

 **(CH)**

 **3:15 Balloon Volleyball**

 **with Kayvon (S)**

 **4:30 Rosary (CH)**

 **7:00 Bingo ($$) (CR)**

**11**

 **9:30 Mass (CH)**

**10:00 AL Tenant Meeting**

 **(AL 3)**

**11:00 Better Balance**

 **(CR)**

**12:30 Bridge (IL DR)**

 **1:30 Virtual Fitness**

 **(TV)**

 **1:30 Music with Pop**

 **Standard Social**

 **3:00 Card Bingo ($$)**

 **(CR)**

 **4:30 Rosary (CH)**

**17**

**10:00 Donuts &**

 **Devotions (CR)**

**11:00 AL Mobile Activity**

 **Cart**

 **1:00 500 & Cribbage (CR)**

 **1:00 Knitting with Sue**

 **(IL DR)**

 **1:15 AL Bingo (AL 3)**

 **2:30 AL Fitness (AL 3)**

 **3:15 Balloon Volleyball**

 **with Kayvon (S)**

 **4:30 Rosary (CH)**

 **7:00 Bingo ($$) (CR)**

**3**

**10:00 Donuts &**

 **Devotions (CR)**

 **1:00 500 & Cribbage**

 **(CR)**

 **1:00 Knitting with Sue**

 **(IL DR)**

 **1:15 AL Bingo (AL 3)**

 **2:30 AL Fitness (AL 3)**

 **3:15 Balloon Volleyball**

 **with Kayvon (S)**

 **4:30 Rosary (CH)**

 **7:00 Bingo ($$) (CR)**

**18**

 **9:30 Mass (CH)**

**10:00 IL Culinary Meeting**

 **(IL DR)**

**11:00 Better Balance**

 **(CR)**

**12:30 Bridge (IL DR)**

 **1:30 Virtual Fitness**

 **(TV)**

 **1:45 Music with Kristin**

 **(AL 3)**

 **3:00 Card Bingo ($$)**

 **(CR)**

 **4:30 Rosary (CH)**

**19**

 **9:30 Shopping at Cub 11:00 Protestant Service**

 **(CH)**

 **1:30 January Birthday**

 **Party with Rockin’**

 **Woody (IL DR)**

 **2:45 Happy Hour**

 **(IL DR & CR)**

 **4:30 Rosary (CH)**

 **7:00 Bingo ($$) (CR)**

**16**

 **9:45 Wii Bowling**

**11:00 Better Balance (CR)**

**12:30 Shopping at Target**

 **1:00 Bridge (IL DR)**

 **1:30 The Chosen Series**

 **with John (C)**

 **2:15 Aquafit/Open Swim**

 **3:00 3rd Floor Social (CR)**

 **4:30 Rosary (CH)**

 **4:30 Tech Support (D)**

**13**

**9:30 Mass (CH)**

**11:00 Better Balance (CR)**

 **1:00 Movie Matinee:**

 **The Bucket List ©**

 **1:30 Virtual Fitness (TV)**

 **2:15 Aquafit/Open Swim**

 **3:00 Cardio Drumming**

 **(CR)**

 **4:30 Rosary (CH)**

**January 2023 Independent & Assisted Living**



**8**

**10:30 Mass**

 **(CH & 1-3)**

 **1:00 Mexican Train**

 **(2 CR)**

 **1:00 500 (CR/TBD)**

**2**

 **9:45 Wii Bowling**

**11:00 Better Balance (CR)**

**12:30 Shopping at Hy-Vee**

 **1:00 Bridge (IL DR)**

 **1:30 The Chosen Series**

 **with John (C)**

 **2:15 Aquafit/Open Swim**

 **3:00 IL 1st Floor Social**

 **(CR)**

 **4:30 Rosary (CH)**

 **4:30 Tech Support (D)**

**6**

 **9:30 Mass & Adoration**

 **(CH)**

**11:00 Better Balance (CR)**

 **1:00 Movie Matinee:**

 **Where the Crawdads**

 **Sing ©**

 **1:30 Virtual Fitness (TV)**

 **2:15 Aquafit/Open Swim**

 **3:00 Cardio Drumming**

 **(CR)**

 **4:30 Rosary (CH)**

**4**

 **9:30 Mass (CH)**

**11:00 Better Balance**

 **(CR)**

**11:00 Mobile Activity Cart**

 **(AL)**

**12:30 Bridge (IL DR)**

 **1:30 Virtual Fitness**

 **(TV)**

 **1:45 Music with Kristin**

 **(AL 3)**

 **3:00 Card Bingo ($$)**

 **(CR)**

 **4:30 Rosary (CH)**

 **5**

 **9:30 Shopping at Cub**

**11:00 Protestant Service**

 **(CH)**

 **1:30 Music with Les**

 **Blake (IL DR)**

 **2:45 Happy Hour**

 **(IL DR & CR)**

 **4:30 Rosary (CH)**

 **7:00 Bingo ($$) (CR)**

**1**

**10:30 Mass**

 **(CH & 1-3)**

 **1:00 Mexican Train**

 **(2 CR)**

 **1:00 500 (CR/TBD)**

**15**

**10:30 Mass**

 **(CH & 1-3)**

 **1:00 Mexican Train**

 **(2 CR)**

 **1:00 500 (CR)**

**14**

**10:00 Men’s Coffee**

 **(CR)**

**10:00 Women’s Coffee**

 **(IL DR)**

 **1:00 500 (CR)**

 **1:00 Bridge (IL DR)**

**9**

 **9:45 Wii Bowling**

**11:00 Better Balance (CR)**

**12:30 Shopping at Dollar**

 **Tree**

 **1:00 Bridge (IL DR)**

 **1:30 The Chosen Series**

 **with John (C)**

 **2:15 Aquafit/Open Swim**

 **3:00 2nd Floor Social (CR)**

 **4:30 Rosary (CH)**

**21**

 **9:30 Blood Pressure**

 **Checks (D)**

**10:30 Writer’s**

 **Workshop (CR)**

 **1:00 500 (CR)**

 **1:00 Bridge (IL DR)**

 **7:00 Movie: As Good**

 **As it Gets ©**

**24**

**10:00 Donuts &**

 **Devotions (CR)**

**11:00 AL Mobile Activity**

 **Cart**

 **1:00 500 & Cribbage (CR)**

 **1:15 AL Bingo (AL 3)**

 **2:30 AL Fitness (AL 3)**

 **3:15 Balloon Volleyball**

 **with Kayvon (S)**

 **4:30 Rosary (CH)**

 **7:00 Bingo ($$) (CR)**

**27**

 **9:30 Mass (CH)**

**11:00 Better Balance (CR)**

 **1:00 Movie Matinee:**

 **Field of Dreams ©**

 **1:30 Virtual Fitness (TV)**

 **2:15 Aquafit/Open Swim**

 **4:30 Rosary (CH)**

 **30**

 **9:45 Wii Bowling (CR)**

**11:00 Better Balance (CR)**

**12:30 Shopping at Dollar**

 **Tree**

 **1:00 Bridge (IL DR)**

 **1:30 The Chosen Series ©**

 **2:15 Aquafit/Open**

 **Swim (P)**

 **3:00 Craft with Cindy:**

 **Tie Dye Baseball**

 **Hats (IL DR)**

 **4:30 Rosary (CH)**

**31**

 **9:00 Advanced Hearing**

 **Care (B)**

**10:00 Donuts &**

 **Devotions (CR)**

**11:00 AL Mobile Activity**

 **Cart**

 **1:00 500 & Cribbage (CR)**

 **1:15 AL Bingo (AL 3)**

 **2:30 AL Fitness (AL 3)**

 **3:15 Balloon Volleyball**

 **with Kayvon (S)**

 **4:30 Rosary (CH)**

 **7:00 Bingo ($$) (CR)**

**25**

 **9:30 Mass (CH)**

**11:00 Better Balance**

 **(CR)**

**12:30 Bridge (IL DR)**

 **1:30 Virtual Fitness**

 **(TV)**

 **2:00 Back to the 50’s**

 **with Robby Vee**

 **(IL DR & CR)**

 **4:30 Rosary (CH)**

 **Program Locations**

**(AL 3) AL 3rd floor**

**Activity Room**

**(AL Lib) AL 2nd floor**

**Library**

**(B) Bistro**

**(C) Cinema**

**(CH) Chapel**

**(CR) Club Room**

**(2 CR) 2nd floor Club Room**

**(IL DR) IL Dining Room**

**(S) Studio**

**(P) Pool**

**$$ Notes**

**Card Bingo = 4 nickels, 4 dimes, 4 quarters, $1**

**7:00 Bingo = 10 dimes & 1 quarter**

**On TV**

**Channel 1-2: Activities**

 **& daily notes**

**Channel 1-3: Services & Events in the Chapel**

**26**

 **9:30 Shopping at Cub 11:00 Protestant Service**

 **(CH)**

 **1:30 Music with The**

 **Somewhat Jazz**

 **Band (IL DR)**

 **2:45 Happy Hour**

 **(IL DR & CR)**

 **4:30 Rosary (CH)**

 **7:00 Bingo ($$) (CR)**

**29**

**10:30 Mass**

 **(CH & 1-3)**

 **1:00 Mexican Train**

 **(CR)**

 **1:00 500 (CR)**



**23**

 **9:45 Wii Bowling (CR)**

**11:00 Better Balance (CR)**

 **1:00 Bridge (IL DR)**

 **1:30 The Chosen Series ©**

 **2:15 Aquafit/Open Swim**

 **2:00 Book Club (AL 3)**

 **4:30 Rosary (CH)**

**Please note all activities are subject to change. Please check daily posters located throughout the community for changes.**

**22**

**10:30 Mass**

 **(CH & 1-3)**

 **1:00 Mexican Train**

 **(2 CR)**

 **1:00 500 (CR)**

**Please sign up for activities at the Receptionist’s Desk as spaces are limited!**

**Fitness classes are highlighted in blue. If you have any questions, please call x7033.**

**28**

**10:00 Men’s Coffee**

 **(CR)**

**10:00 Women’s Coffee**

 **(IL DR)**

 **1:00 500 (CR)**

 **1:00 Bridge (IL DR)**

**January 2023 Independent & Assisted Living**