::00t 

**10**

 **8:00 Breakfast**

**10:00 Stretch & Volley**

**10:30 IN2L**

**12:00 Lunch**

 **3:30 Sing-along**

 **4:30 Rosary (TV 1-3)**

**18**

 **8:00 Breakfast**

 **9:30 Mass (TV 1-3)**

**10:15 Good Morning**

 **Greetings**

**10:45 Music &**

 **Movement**

**12:00 Lunch**

 **3:30 Do You Hear What**

 **I Hear?**

 **4:30 Rosary (TV 1-3)**

 **5:00 Dinner**

**11**

 **8:00 Breakfast**

 **9:30 Mass (TV 1-3)**

**10:15 Good Morning**

 **Greetings**

**10:45 Armchair Travels**

**12:00 Lunch**

 **1:00 Music with Kristin**

 **4:30 Rosary (TV 1-3)**

 **5:00 Dinner**

 **9:30 Mass (TV 1-3)**

**10:15**

**10:45**

**12:00 Lunch**

 **1:30**

 **4:00 Mass (CH)**

 **5:00 Dinner**

**16**

 **8:00 Breakfast**

**10:00 Good Morning**

 **Greetings**

**10:15 Cardio Drumming**

**12:00 Lunch**

 **3:00 Crafternoon’s:**

 **Fridge Magnets**

 **4:30 Rosary (TV 1-3)**

 **5:00 Dinner**

**4**

 **8:00 Breakfast**

 **9:30 Mass (TV 1-3)**

**10:15 Good Morning**

 **Greetings**

**10:30 Armchair Travel**

**12:00 Lunch**

 **3:30 Balloon Volley**

 **4:30 Rosary (TV 1-3)**

 **5:00 Dinner**

**1****9**

 **8:00 Breakfast**

**10:00 Good Morning**

 **Greeting**

**10:15 T is for Trivia**

**11:00 Protestant Service**

 **(CH & TV 1-3)**

**12:00 Lunch**

 **1:00 Fitness w/Emma**

 **1:30 Music with Rockin**

 **Woody**

 **2:45 Happy Hour**

 **4:30 Rosary (TV 1-3)**

 **5:00 Dinner**

**20**

 **8:00 Breakfast**

 **9:30 Mass & Adoration**

 **(CH)**

**10:15 Good Morning**

 **Greetings**

**10:45 Reminisce: Andrew**

 **Sisters**

**12:00 Lunch**

 **3:00 IN2L**

 **4:30 Rosary (CH)**

 **5:00 Dinner**

**6**

 **8:00 Breakfast**

 **9:30 Mass & Adoration**

 **(CH)**

**10:15 Good Morning**

 **Greetings**

**10:45 Reminisce: Elvis**

**12:00 Lunch**

 **3:00 IN2L**

 **4:30 Rosary (CH)**

 **5:00 Dinner**

**12**

 **8:00 Breakfast**

**10:00 Good Morning**

 **Greeting**

**10:15 T is for Trivia’**

**11:00 Protestant Service**

 **(CH & TV 1-3)**

**12:00 Lunch**

 **1:00 Fitness w/Emma**

 **4:30 Rosary (TV 1-3)**

 **5:00 Dinner**



**21**

**7**

**8**

 **8:00 Breakfast**

**10:30 Mass (TV 1-3)**

 **Communion**

**12:00 Lunch**

 **3:30 Afternoon Snacks**

 **with NAR’s**

 **5:00 Dinner**

**5**

 **8:00 Breakfast**

**10:00 Good Morning**

 **Greeting**

**10:15 T is for Trivia**

**11:00 Protestant Service**

 **(CH & TV 1-3)**

**12:00 Lunch**

 **1:00 Fitness w/Emma**

 **1:30 Music with Les**

 **Blake (IL DR)**

 **2:45 Happy Hour (CR)**

 **4:30 Rosary (TV 1-3)**

 **5:00 Dinner**

**2**

 **8:00 Breakfast**

**10:00 Good Morning**

 **Greetings**

**10:15 Cardio Drumming**

**12:00 Lunch**

 **3:30 New Year’s Humor**

 **& Snack**

 **4:30 Rosary (TV 1-3)**

 **5:00 Dinner**

**1**

 **8:00 Breakfast**

**10:30 Mass (TV 1-3)**

 **Communion**

**12:00 Lunch**

 **3:30 Afternoon Snacks**

 **with NAR’s**

 **5:00 Dinner**

**13**

 **8:00 Breakfast**

 **9:30 Mass & Adoration**

 **(CH)**

**10:15 Good Morning**

 **Greetings**

**10:45 Reminisce: Judy**

 **Garland**

**12:00 Lunch**

 **3:00 IN2L**

 **4:30 Rosary (CH)**

 **5:00 Dinner**

**3**

 **8:00 Breakfast**

**10:00 Stretch & Volley**

**10:30 IN2L**

**12:00 Lunch**

 **3:30 Proper Sequence**

 **4:30 Rosary (TV 1-3)**

**17**

 **8:00 Breakfast**

**10:00 Stretch & Volley**

**10:30 IN2L**

**12:00 Lunch**

 **3:30 Sing-along**

 **4:30 Rosary (TV 1-3)**

**15**

 **8:00 Breakfast**

**10:30 Mass (TV 1-3)**

 **Communion**

**12:00 Lunch**

 **3:30 Afternoon Snacks**

 **with NAR’s**

 **5:00 Dinner**

**14**

**9**

 **8:00 Breakfast**

**10:00 Good Morning**

 **Greetings**

**10:15 Cardio Drumming**

**12:00 Lunch**

 **3:30 Reminisce: Music**

 **with the Senses**

 **4:30 Rosary (TV 1-3)**

 **5:00 Dinner**

**January 2023 Care Suites Memory Care**

 **31**

 **8:00 Breakfast**

**10:00 Stretch & Volley**

**10:30 IN2L**

**12:00 Lunch**

 **3:30 Sing-along**

 **4:30 Rosary (TV 1-3)**

 **8:00 Breakfast**

 **9:30 Mass (TV 1-3)**

**10:15 Good Morning**

 **Greetings**

**10:45 Music &**

 **Movement**

**12:00 Lunch**

 **1:00 Music with Kristin**

 **3:00 Trivia**

 **4:30 Rosary (TV 1-3)**

 **5:00 Dinner**

**26**

 **8:00 Breakfast**

**10:00 Good Morning**

 **Greeting**

**10:15 T is for Trivia**

**11:00 Protestant Service**

 **(CH & TV 1-3)**

**12:00 Lunch**

 **1:30 Music with The**

 **Somewhat Jazz**

 **Band (IL DR)**

 **2:45 Happy Hour**

 **4:30 Rosary (TV 1-3)**

 **5:00 Dinner**

 **30**

 **8:00 Breakfast**

**10:00 Good Morning**

 **Greetings**

**10:15 Cardio Drumming**

**12:00 Lunch**

 **3:30 Crafternoon’s:**

 **Gems & Jewels**

 **Suncatchers**

 **4:30 Rosary (TV 1-3)**

 **5:00 Dinner**



**29**

 **8:00 Breakfast**

**10:30 Mass (TV 1-3)**

 **Communion**

**12:00 Lunch**

 **3:30 Afternoon Snacks**

 **with NAR’s**

 **5:00 Dinner**

**23**

 **8:00 Breakfast**

**10:00 Good Morning**

 **Greetings**

**10:15 Cardio Drumming**

**12:00 Lunch**

 **3:30 Group the Pictures**

 **4:30 Rosary (TV 1-3)**

 **5:00 Dinner**

**24**

 **8:00 Breakfast**

**10:00 Stretch & Volley**

**10:30 IN2L**

**12:00 Lunch**

 **3:30 Short Stories**

 **4:30 Rosary (TV 1-3)**

**27**

 **8:00 Breakfast**

 **9:30 Mass & Adoration**

 **(CH)**

**10:15 Movin’ & Shakin’**

**10:45 Finishing Lyrics**

**12:00 Lunch**

 **3:00 IN2L**

 **4:30 Rosary (CH)**

 **5:00 Dinner**

**Please note all activities are subject to change. Please check daily calendars located throughout the community for changes**

**22**

**10:30 Mass (TV 1-3)**

 **Communion**

 **3:30 Afternoon Snacks**

 **with NAR’s**

**28**

**25**

**January 2023 Care Suites Memory Care**